

# THE PIAFFE FLYER

Eastern New York Dressage and Combined Training Association



**Kathy Stoddard receives a special ribbon and flowers from her dedicated fans after completing her Century Ride at ENYDCTA's second summer schooling show. Congratulations, Kathy!**

## A Letter from Our President

**Hello, Members!** It has been a great experience leading ENYDCTA for the past two years and it has flown by at an unbelievable rate. It has been a tremendous growing experience for me in so many great ways, and I am truly thankful to have had the opportunity. Congratulations to the board members who were re-elected to a new term: Jennifer Saunders, Treasurer; Jeff Lindberg, Vice President; Rita Moore, Secretary; and Meredith Vanderminden, Editor. Congratulations to our new board members: Volunteer Coordinator Barb Martenis, and Members at Large, Ray Whelihan and Andrea McBurnie. We have a positive and robust board for the next two years. We would love to add some eventers to the board, so reach out if you are interested in being a member at large on the board.



**Exciting news for ENYDCTA!** We won two USDF GMO awards for 2023: 1. **Best Overall Layout and Design** for a GMO with 75-174 members, and 2. **Creative GMO-Sponsored Program**. Rita Moore, our board secretary, won the **USDF Region 8 Volunteer of the Year Award**. Congratulations to Rita and all the volunteers that have helped to make ENYDCTA a success in 2023. We couldn't do it without you. Make sure to check out our award-winning website! A big shout out to Jennifer Symon and Peter Tkaczyk for a super job developing our website and keeping it interesting!!!

**"Many hands make light work"** is my new motto and I cannot thank our volunteers and coordinators enough. We couldn't do it without you!! I have met several wonderful new friends, a benefit from volunteering. If you are interested in getting involved with a warm and friendly group, please reach out to a board member to learn more. It is a great way to meet like-minded people. Volunteering is essential for ENYDCTA to continue, so please consider reaching out. Plus, volunteering qualifies you for various scholarships, including ENYDCTA scholarships and year end awards. If you are a self-starter, detail-oriented person we are also looking to start a team of organizers to help lead our programs. It will be a team approach, so not too much work for any one person. We need your skills and talents!

Please do not stop trying if you have reached out and have not heard back. I can't stress this enough! Most of us work full time so it is easy to have messages get lost or phone calls missed and forgotten with our not so perfect human brains. Do not think we do not want your help. We do want you! Please be a pester bug and try and try again.

**Make sure to check out our website often for upcoming events.** As the new year comes along the event page will start filling up, so check back often. Our first event for 2024 is Thursday, January 21. Fiona Farrell, Equine Lawyer will speak on the Secrets of Equine Contracts at Dover in Latham. So keep checking back to our events page.

**For those of you who are actively riding,** remember, many of us do not have the financial means for a fancy mover, or the opportunity for daily, weekly, or even monthly lessons. You may have lots of talent but because of life circumstances you may not be where you would like to be. Still dream and learn! Riding is a process and you do the best you can with what you have. It is OK to learn and grow at your own pace! That is what is awesome about equestrian sports; it is an intellectual and physical challenge every time you ride. *Do not compare yourself to others. If you compete, remember that the critics on the sidelines and the judges do not know your journey, and they are only seeing you for a few minutes. So stay true to yourself and continue your process for yourself and enjoy the ride. Congratulations to you for doing the best you can.*

**Happy Riding Everyone!** See you in 2024. Have a wonderful holiday season!  
Joy Black



**Thank you to our Gold Sponsor!**



We're proud to be an ENYDCTA sponsor. Visit us at 231 Wade Road Extension in Latham, NY for all your horse and tack needs.

## Welcome to ENYDCTA, Beth Baumert!

ENDYCTA was proud to offer an opportunity for professionals and amateurs alike to ride with highly esteemed clinician Beth Baumert. Beth taught for four days in November and helped riders gain new skills and new confidence. The clinics were sold out at both host sites, Viridian Farm and Trilogy Equestrian Center, and a great turn out of auditors learned much from Beth, too. ENYDCTA is committed to bringing the highest quality clinicians to our small GMO. Thank you to clinic Gold Sponsors **Dover Saddlery Latham, Rhinebeck Equine, and Equine Clinic at OakenCroft** and the many ENYDCTA volunteers who ensured the clinics ran smoothly. Below are just a few pictures of the clinic's riders.



See more clinic pictures at [www.enydcta.com](http://www.enydcta.com).

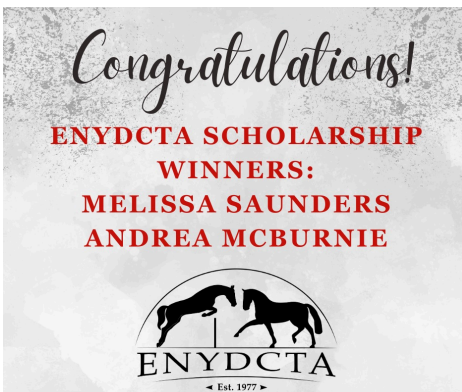
## News and Information



**Best Creative GMO Sponsored Program for Linda Zang,  
Best Overall Web Layout and Design for GMO with 75-174 Members  
Thanks to webmasters Jennifer Symon and Peter Tkaczyk.**

**Thank You to Our 2023-2024 Business Members!**

*Jenny May Clermont  
Margie Hutchinson  
Jeff Lindberg  
Ana O'Brien  
Barb Sanford  
Stephanie Scribner  
Breanna Sprik  
Kiersten Vroman  
Krystal Wilt  
Toni Wojeski*



**ENYDCTA Board of Directors 2023-2024**

President / Joy Black  
Vice President / Jeff Lindberg  
Treasurer / Jennifer Saunders  
Corresponding Secretary / Open Position  
Recording Secretary / Rita Moore  
Volunteer Coordinator / Barb Martenis  
Piaffe Flyer Editor / Meredith Vanderminde  
Member-at-Large / Ray Whelihan  
Member-At-Large / Andrea McBurnie

**Member of the Year**

Do you know members who have given outstanding service to ENYDCTA and the equine community? We would love to hear from you. The ENYDCTA Member of the Year Award can be awarded to one current member who is not an active board member. You can find a member of the year form on our website.

**Winter Program Series Set for 2024**

It's cold outside! Come warm up at Dover Saddlery in Latham for these interesting programs designed with you in mind. All programs will run from 1-3 PM at 231 Wade Road Extension.

**Sunday, January 21**  
Fiona Farrell  
Equine Lawyer  
Contract Rights for Boarders and Barn Owners

**Sunday, February 4**  
Audrey Paslow and Cailin Sanford  
Biomechanics and Rider Position Incorporating the Franklin Method

**Sunday, March 3**  
Liz DeLuca  
Groundwork and Natural Horsemanship

**Sunday, March 17**  
Morgen Bowers  
Equine Lawyer  
Estate Planning for Your Horse

# Thank you, ENYDCTA Gold Sponsor!



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- Ophthalmology
- Digital Radiology
- Ultrasound
- Endoscopy
- Nuclear Scintigraphy
- PRP/IRAP/ Stem Cell/Pro-Stride
- Sports Medicine
- Shockwave Therapy
- Dentistry
- Acupuncture
- Chiropractic

### OUR DOCTORS

Boarded Specialists and  
a Team of Experienced  
Ambulatory Veterinarians

#### AMBULATORY

James D. Mort, DVM  
 Jeffrey A. Williams, DVM  
 Nina Deibel, DVM  
 Cassandra Shores, DVM  
 Lindsay Dykstra, DVM  
 Cara Rosenbaum, DVM, CVA  
 Marjorie Bruce, DVM

#### SURGERY

Gus A. Abuja, DVM,  
 Diplomate ACVS  
 Jesse F. Tyma,  
 DVM, DACVS

#### THERIOGENOLOGY

Lauren Pasch, DVM, CVA  
 Diplomate ACT

#### INTERNAL MEDICINE

Laura H. Javscas, VMD,  
 Diplomate ACVIM  
 Courtney Pope, VMD

#### OPHTHALMOLOGY

Alison Clode, DVM,  
 Diplomate ACVO



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 Rhinebeck, NY 12572

 [www.rhinebeckequine.com](http://www.rhinebeckequine.com)  
 [info@rhinebeckequine.com](mailto:info@rhinebeckequine.com)  


## ENYDCTA's Annual Banquet and Year End Awards

The ENYDCTA 2023 Annual Banquet and Year End Awards celebration was held on November 18th. New board members were elected, Andrea Waldo's presentation was inspiring, and deserving recipients were honored for their accomplishments. Here's a list so you can celebrate with them, too. Congratulations!

### Recognized Dressage:

Amelie Burk and Shawnee Go Bragh 70.733

Training Level Reserve:

Melissa Saunders and GDT Lady Godiva 62.846

Second Level Champion:

Andrea McBurnie and Bristol Gable 66.887

Third Level Champion:

Krystal Wilt and Wolkenklaren TF 62.676

Fourth Level Champion:

Andrea McBurnie and For Valentine HW 64.097

Fourth Level Reserve Champion:

Joy Black and Bimini 61.597

FEI Champion:

Andre McBurnie and For Valentine HW 63.434

Freestyle Champion:

Kate Ernst and Keeva 63.481



### Recognized Eventing:

Beginner Novice Champion:

Laura Tilbury and Captain Jack 35.93

Beginner Novice Reserve Champion:

Molly Czub and Zuko 45.13



### Schooling Dressage:

Training level Champion:

MacKenzie Waro and WRF Hamlet 64.109

### Rider Championships:

Dressage Masters Champion:

Melissa Saunders and GDT Lady Godiva

Dressage Adult Amateur Champion:

Kate Ernst and Keeva

Dressage Junior Champion:

Amelie Burk and Shawnee Go Bragh

Eventing Masters Champion:

Laura Tilbury and Captain Jack





**Rider Achievement Medals:**  
Training Level: Amelie Burk  
Fourth Level: Andrea McBurnie  
Prix St George:  
Andrea McBurnie and Kate Ernst



**Volunteer Medals:**  
Gold: Rita Moore  
Bronze: Peter Tkaczyk



**Jennifer Symon, ENYDCTA's member of the year for 2023,** loves to get involved in many things. She is the best researcher to figure out the best way to accomplish a task. She is generous with her time and helps friends by trailering them to clinics, shows or vets if needed. She has also volunteered to assist senior citizens with activities of daily living and beyond. She was once paired with an elderly couple with dementia and helped the immensely. Her kindness and caring is evident to all. She truly has a humanitarian heart. She is a pharmacist by trade and after retiring from Cardinal Health she started her own consulting company, Symon & Associates. She also works in a dispensary. She owns two Andalusian horses imported from Spain, Yungue (June K) and BibBiberon. She has devoted many hours to ENYDCTA developing our award winning website along with the assistance of Peter Tkaczyk. Thank you, Jennifer Symon!

**ENYDCTA member Rita Moore is the 2023 USDF Region 8 Volunteer of the Year.** This prestigious award was announced in December. Rita has devoted countless hours to ENYDCTA and has been the secretary for each of our events. In addition, she has fostered many dogs through Homeward Bound, and was very involved in a NASA STEP program that introduces middle school students to opportunities in science, math, and technology. She is a retired librarian from the Schenectady City school system. She picked up riding after retirement. ENYDCTA is fortunate to have her on our team, and she currently serves as the board's Recording Secretary. Thank you to Rita for your tireless efforts and commitment to ENYDCTA, and congratulations for being chosen for this prestigious award. It is well deserved!



Thank You to Our Year End Award Sponsors!



Deb Reardon



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What's inside counts.<sup>™</sup>

Tiffany Wyman



Mackenzie Chauncey



Michelle Mulcahy



Dalia Dill



Organic Gut Solution

Laura Tilbury



**Team Leaders:**  
Clinics Hosts  
Schooling Show Host  
Winter Program Hosts  
Year End Award Coordinator

**Smaller Tasks:**  
Insurance Organizer  
Volunteer Helpers for Events  
Inventory Organizer  
Procedures and Policies Organizer

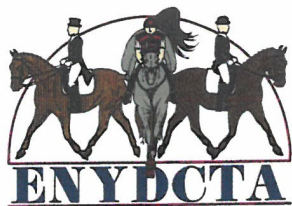
**It's wintertime and things are quiet, but we still need you! Become a volunteer. ENYDCTA is more successful when we have many hands to help. If you're a self-starter we need your energy. A little shy and not sure what you could contribute? You won't be on your own learning the ropes. Reach out to Barb Martines, volunteer coordinator at enydctajuniors@gmail.com for more information. The tasks above might be of interest to you!**

**A Big thank you to our ENYDCTA volunteers!**

\*Joy Black \*Cathy Brewer \*Chris Chariton \*Joy Congdon \*Regina Cristo \*Molly Czub \*Jennifer DiCerbo \*Kate Ernst \*Jo-Ann Falanga \*Laura Fay \*Denise Film \*Joan Fleser \*Emma Griffen \*Cindy Horrocks \*Lisa Hover \*Vickie Hurewitz \*Margie Hutchison \*Jasmine Jutkofsky \*Erin Keehan \*Lynndee Kemmet \*Linda Kennelly \*Allison King \*Estelle Kotlowicz \*Jeff Lindberg \*Abigail Marino \*Barb Martenis \*Andrea McBurnie \*Sarah McCarthy \*Kelly McCarty \*Hollie McNeil \*Jana Miller \*Cody Moore \*Rita Moore \*Ally Naja \*Sheila Nagengast \*Bella Perkins \*Pattie Pietrowicz \*Marion Pomeroy \*Joshua Powell \*Breanna Rene Sprik \*Nadja Rogers \*Cailin Sanford \*Stephanie Saddlemire \*Jennifer Saunders \*Melissa Saunders \*Elizabeth Shephard \*Nancy Sherbrook \*Susan Stuhr \*Laura Stulberger \* Peter Tkaczyk \*Jennifer Symon \*Gabby Tuthil \*Meredith Vanderminden \*Darcey Volans \*Krystal Wilt \*Raymond Whelihan \*Olivia Wilcox \*Antonette Wojeski \*Alyson Worthington \*Erick Wright \*Patricia Wright



**Thank You  
for Being  
a Gold Sponsor!**



## 2024 ENYDCTA Membership Form

The period of membership is December 1 through November 30.  
Year Joining 2024 (2024 starts 12/1/23)

Street: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Jr./YR only - Date of Birth: \_\_\_\_\_

USDF Number: \_\_\_\_\_

### MEMBER INFO

*(please print)*

Name: \_\_\_\_\_

\*Would you like your contact information shared in a membership directory? \_\_\_\_Yes \_\_\_\_No

Returning members, has your information changed? \_\_\_\_Yes \_\_\_\_No

Barn Name \_\_\_\_\_

### MEMBERSHIP TYPE (Please check the boxes that apply for you, membership type and Piaffe Flyer option)

**Individual Adult :: \$60 per person**

Includes GMO membership, USDF Connection magazine, discounts at some ENYDCTA sponsored events, *Piaffe Flyer* newsletter, and eligibility for Scholarships & Year End Awards Program. 5 classified posts per year

**Individual Junior Member (Under 21) :: \$40 per person**

Includes GMO membership, USDF Connection magazine, discounts at some ENYDCTA sponsored events, *Piaffe Flyer* newsletter, and eligibility for Scholarships & Year End Awards Program and EYE membership. (Please make sure to include your DOB above)

**Business :: \$85 (please include one (1) name for the GMO membership; cannot be the business name)**

Same benefits as 1 individual adult membership plus: 2 Business Card ads in the *Piaffe Flyer*, half page ad in the ENYDCTA membership directory, addition of your website URL to ENYDCTA members directory, and your event listing in the ENYDCTA events listing on the website, 10 classified posts per year. Volunteer hours at your event counts towards YEA for the volunteers.

**Please accept my \$5 contribution towards the cost of printing the Piaffe Flyer**

**Save a tree: I do not want to receive a free printed copy of the Piaffe Flyer**

Primary Member: \_\_\_\_\_

Business Name: \_\_\_\_\_

Website: \_\_\_\_\_

### TOTAL MEMBERSHIP FEES

Membership Fee Total \_\_\_\_\_

Paying by Check (please make all checks payable to ENYDCTA, Ltd.)

Paying by credit card :: Card Type:  MC  Visa  
Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_. CVC \_\_\_\_ (3 numbers on the back)

Name on card \_\_\_\_\_

Mail Completed Form and Check payable to ENYDCTA, Ltd. (unless paying by credit card) to:  
**Jennifer Saunders, 603 Stony Brook Road Schoharie, NY 12157**

# ENYDCTA

Winter Program Series January - March 2024

In partnership with Dover Saddlery  
231 Wade Road Extension, Latham, NY 12110

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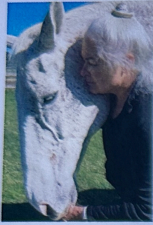


Photo by Dona Ann McAdams

## Part One of Equine Legal Issues

Jan 21- Fiona Farrell, Esq.: *Secrets of Equine Contracts.*

We'll focus on the relationship the words in a contract create and the role expectations and communications play. Please bring your questions, concerns, and experiences. This talk is for you. The more interactive the better.



Photo by Justin Paslow

Feb 4- Audrey Paslow, PT, DPT and Cailin Sanford, USDF Certified Level 1 Instructor: *Level Up Your Seat.* Learn about basic exercises to perform out of the tack to help improve your general fitness; Franklin Methods techniques that you can easily employ to improve your brain/body connection; and setting goals for in and out of the tack to help your riding this coming season.



Tracey Buyce Photography

March 3- Liz Deluca: *Groundwork: Directing the Body to Access the Mind.* Create a two-way conversation between you and your horse, developing a supple and balanced body while simultaneously nurturing an engaged and focused mind. Explore equine psychology, physical signs that give insight to the horse's mental state, and groundwork techniques and exercises to shape both the body and the brain.

## Part Two of Equine Legal Issues

March 17 - Morgen Bowers, Esq.: *Estate Planning for Equestrians.*

Top three concerns that are crucial for securing the future well-being of your horses: planning for trusted care during your incapacity; ensuring a loving home for your horse after you're gone; guaranteeing ongoing financial support for your horse's needs.



Morgen and Molly

All programs from 1:00 -3:00 at Dover Saddlery, 231 Wade Road Extension, Latham, NY 12110  
Seating limited. Please register for each session at <https://enydcta.com> or call Dover at 518-690-9461.  
Walk-ins welcome.

Reference to commercial or non-commercial products or services does not constitute or imply endorsement or recommendation in any way by ENYDCTA and Dover Saddlery

# Winter ENYDCTA Word Search

D	S	E	I	T	I	N	U	T	R	O	P	P	O
I	N	S	T	R	U	C	T	I	O	N	O	M	G
T	N	O	I	T	I	T	E	P	M	O	C	S	C
P	I	H	S	R	E	B	M	E	M	R	A	H	O
O	C	E	V	E	N	T	E	R	S	E	D	O	N
J	U	M	P	I	N	G	E	R	E	V	N	W	T
T	T	S	D	R	A	W	A	H	I	O	I	S	R
O	A	K	E	N	C	R	O	F	T	D	L	T	A
F	W	A	D	R	E	S	S	A	G	E	E	O	C
U	G	R	O	U	N	D	W	O	R	K	B	R	T
N	C	L	E	A	R	N	I	N	G	C	S	O	S
G	N	I	N	N	A	L	P	E	T	A	T	S	E
O	E	R	E	E	T	N	U	L	O	V	M	T	S
R	O	O	D	A	N	D	R	I	D	D	L	E	A

- JUMPING
- MEMBERSHIP
- INSTRUCTION
- CONTRACTS
- BETH
- COMPETITION
- ESTATE PLANNING
- OPPORTUNITIES
- VOLUNTEER
- FUN
- ROOD AND RIDDLE
- LEARNING
- DOVER
- RIDERS
- EVENTERS
- OAKENCROFT
- DRESSAGE
- LINDA
- GROUNDWORK
- AWARDS
- SHOWS
- GMO

Play this puzzle online at : <https://thewordsearch.com/puzzle/6513247/>



**Happy New Year from ENYDCTA!**

**We wish you a year full of fun and adventure with your horses. Ride for you. Ride for your horse. Pause once in a while and remember your WHY. Why do you ride?**

**Have a safe and happy 2024.**



*Happy New Year*

**The Piaffe Flyer  
The ENYDCTA Newsletter  
Winter 2024**

**Thank you to our 2023 Show Sponsors!**

**Rood and Riddle Equine  
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Trilogy Equestrian Center  
Larkin Hill Farm  
SUNY Cobleskill Equestrian Center**



***Psssst! Linda Zang is coming back this spring!  
Keep an eye on our Facebook page and website  
for more information coming soon.***