



ENYDCTA

Winter Program Series January - March 2024

In partnership with Dover Saddlery
231 Wade Road Extension, Latham, NY 12110

Part One of Equine Legal Issues

Jan 21- Fiona Farrell, Esq.: *Secrets of Equine Contracts.*

We'll focus on the relationship the words in a contract create and the role expectations and communications play. Please bring your questions, concerns, and experiences. This talk is for you. The more interactive the better.



Photo by Dona Ann McAdams

Feb 4- Audrey Paslow, PT, DPT and Cailin Sanford, USDF Certified Level 1 Instructor: *Level Up Your Seat.* Learn about basic exercises to perform out of the tack to help improve your general fitness; Franklin Methods techniques that you can easily employ to improve your brain/body connection; and setting goals for in and out of the tack to help your riding this coming season.



Photo by Justin Paslow

March 3- Liz Deluca: *Groundwork: Directing the Body to Access the Mind.* Create a two-way conversation between you and your horse, developing a supple and balanced body while simultaneously nurturing an engaged and focused mind. Explore equine psychology, physical signs that give insight to the horse's mental state, and groundwork techniques and exercises to shape both the body and the brain.



Tracey Buyce Photography

Part Two of Equine Legal Issues

March 17 - Morgen Bowers, Esq.: *Estate Planning for Equestrians.*

Top three concerns that are crucial for securing the future well-being of your horses: planning for trusted care during your incapacity; ensuring a loving home for your horse after you're gone; guaranteeing ongoing financial support for your horse's needs.



Morgen and Molly

All programs from 1:00 -3:00 at Dover Saddlery, 231 Wade Road Extension, Latham, NY 12110

Seating limited. Please register for each session at <https://enydcta.com> or call Dover at 518-690-9461.

Walk-ins welcome.